



**ATHLETICS  
LIMERICK**

# Athletics Limerick

## 2016 Caherdavin 10K Results

Position	ID	Time	Name	Age Category	Team Name
1	1438	33.18.76	Colm Turner	Senior Men	Limerick A.C.
2	1545	33.59.07	Keith Lynch	Senior Men	BMOH
3	1448	35.31.75	Thomas Grimes	Senior Men	East London Runners
4	1580	35.53.24	Seán Fox	Masters Men O40	Donore Harriers A.C.
5	1591	35.56.34	Tom Shanahan	Senior Men	Limerick A.C.
6	1550	35.57.18	Niall Shanahan	Senior Men	
7	1422	36.17.11	Colm Delaney	Senior Men	
8	1241	36.44.83	O SULLIVAN, Ger	Senior Men	Individual
9	1420	37.16.21	Adrian Hennessy	Senior Men	Kilfinane A.C.
10	1402	37.34.29	CAREY, P J	Masters Men O40	Kilmallock A.C.
11	1444	37.41.62	Nigel Carroll	Senior Men	
12	1589	38.25.65	Niall McNamara	Senior Men	
13	1244	38.40.94	HANNON, ED	Senior Men	Kilmallock A.C.
14	1246	38.48.03	BOURKE, Richard	Senior Men	CORK Bhaa
15	1596	38.51.75	Peter Power	Senior Men	Go Tri
16	1429	38.52.32	Declan Murphy	Senior Men	Go Tri
17	1552	38.52.66	Adrian Chaplin	Senior Men	
18	1573	39.12.05	Patrick Enright	Senior Men	Sportsworld A.C.
19	1563	39.15.83	Shona Keane	Senior Women	Sportsworld A.C.
20	1590	39.21.30	Will Greensmyth	Senior Men	Sportsworld A.C.
21	1553	40.16.32	Mike Curley Cunningham	Masters Men O50	Mooreabbey Milers A.C.
22	1406	40.42.69	HARRIS, Niall	Senior Men	Individual
23	1595	40.58.93	Wesley McInerney	Senior Men	IGL Reutlingen
24	1570	41.00.21	Maurice Hope	Senior Men	An Brú A.C.
25	1445	41.37.62	Darragh Laffan	Senior Men	
26	1581	41.45.93	Pat Hartigan	Masters Men O40	Limerick Country Club A.C.
27	1561	41.56.37	Owen Ryan	Senior Men	Limerick A.C.
28	1430	42.01.08	John Kelly	Senior Men	
29	1544	42.06.01	David Greene	Senior Men	
30	1441	42.06.70	Fredrik Sundgren	Senior Men	
31	1571	42.10.25	John Barry	Senior Men	
32	1439	42.22.38	Tom Turner	Masters Men O50	Limerick Country Club A.C.
33	1426	42.24.90	Shona O'Flynn	Senior Women	Dooneen A.C.
34	1559	42.54.32	Seán Rowan	Masters Men O50	Run 32 Counties Challenge
35	1242	43.16.60	BUCKLEY, Ray	Masters Men O40	Dublin Frontrunners
36	1427	43.23.23.	Roisin Doran	Masters Women O40	Limerick Tri Club
37	1586	43.47.96	Mike Cooney	Masters Men O40	
38	1567	43.48.87	Kieran Tracey	Masters Men O50	Limerick Country Club A.C.
39	1408	43.49.62	DEEGAN, Yvonne	Masters Women O40	Limerick Country Club A.C.
40	1565	43.58.51	Mike Tracey	Masters Men O40	
41	1245	44.40.38	SCANLON, Michael	Senior Men	Individual
42	1459	44.42.56	Gerard Moore	Masters Men O40	Limerick Country Club A.C.
43	1418	44.49.21	Darragh O'Malley	Senior Men	
44	1238	44.53.25	BENNIS, Niall	Senior Men	

45	1582	45.13.05	Brian O'Sullivan	Senior Men	Limerick A.C.
46	1410	45.19.86	O DRISCOLL, Declan	Masters Men O40	Limerick Country Club A.C.
47	1548	45.26.28	Mike Griffin	Masters Men O40	Dooneen A.C.
48	1462	45.28.76	Paul Hayes	Senior Men	Newport
49	1546	45.32.89	Michael Quilligan	Senior Men	
50	1447	45.33.39	Kevin Zemrowsky	Senior Men	
51	1412	45.52.86	Alan McCauley	Senior Men	
52	1521	45.55.64	Kieran Keating	Masters Men O40	BMOH
53	1237	46.00.11	RYAN, Dorothy	Masters Women O50	Limerick Country Club A.C.
54	1403	46.01.21	FOLEY, John	Masters Men O40	Individual
55	1437	46.24.32	Noel Higgins	Masters Men O50	Limerick Tri Club
56	1419	46.28.88	Pat O'Brien	Masters Men O50	
57	1452	46.32.92	Eimear Laffan	Masters Women O40	
58	1460	46.39.22	Thomas Gough	Masters Men O50	
59	1560	46.48.68	Ben McMackin	Senior Men	Omagh Harriers
60	1584	46.49.51	Aisling Ahern	Senior Women	An Brú A.C.
61	1564	46.58.59	Philip de Courcy	Masters Men O50	
62	1435	47.00.78	Chris Hackett	Senior Men	
63	1451	47.07.78	Brendan Fitzgerald	Masters Men O40	Dromkeen
64	1541	47.11.02	Anthony Egan	Masters Men O40	Limerick Tri Club
65	1598	47.12.86	Abe Henderson	Masters Men O50	Wyeth
66	1442	47.14.40	Brendan Fitzgerald	Masters Men O40	Clare St
67	1446	47.29.95	Declan Costello	Masters Men O40	
68	1440	47.38.17	Catherine Barry	Senior Women	
69	1522	48.07.40	Moss O'Shea	Masters Men O50	Derg A.C.
70	1415	48.12.23	Henry O'Neill	Senior Men	
71	1249	48.13.17	DILLON, Mark	Masters Men O40	Individual
72	1405	48.16.21	QUINN, John	Senior Men	Individual
73	1431	48.24.11	James Gaffney	Senior Men	
74	1413	48.52.91	Michael Slattery	Senior Men	
75	1456	48.57.48	Joseph Burke	Senior Men	
76	1566	49.09.36	Dominic Devereux	Masters Men O50	Limerick Country Club A.C.
77	1574	49.09.75	John Mulcair	Masters Men O40	West Limerick A.C.
78	1554	49.18.65	Eoghan Corcoran	Senior Men	
79	1411	49.37.80	WATERS, Sarah	Senior Women	Leevale A.C.
80	1597	49.38.43	Michael McGuane	Masters Men O50	
81	1577	49.54.04	Claire Knight	Masters Women O50	Dooneen A.C.
82	1568	50.00.73	Colm Ó Cathasaigh	Masters Men O50	
83	1575	50.02.94	Liam Corcoran	Masters Men O40	Limerick Country Club A.C.
84	1455	50.19.00	David Lambe	Senior Men	
85	1562	50.41.71	Ger Mullane	Masters Men O40	Limerick Country Club A.C.
86	1592	50.52.82	Peter O'Brien	Masters Men O40	
87	1593	50.56.46	Stephen Falvey	Senior Men	
88	1569	50.57.06	Aidan Fleming	Masters Men O40	
89	1414	50.58.54	Mark Cosgrave	Senior Men	
90	1458	51.03.25	Liam Curtin	Masters Men O50	
91	1454	51.06.33	Niamh Laffan	Senior Women	
92	1587	51.49.02	Declan Reidy	Masters Men O40	
93	1443	52.00.67	Patrick Halpin	Masters Men O40	
94	1543	52.04.00	Richard O'Gorman	Masters Men O50	
95	1248	52.13.79	BOURKE, Dawn	Masters Women O40	Individual

96	1433	52.14.75	Gerald Adams	Senior Men	
97	1457	52.27.19	Sharon Goldsmith	Masters Women O50	Limerick Country Club A.C.
98	1425	52.28.61	Joanne Frawley	Senior Women	
99	1594	42.37.01	Mark Keyes	Masters Men O50	
100	1247	52.38.49	MACSWEENEY, Sean	Masters Men O50	Individual
101	1239	52.42.65	MULLANE, Dermot	Senior Men	Individual
102	1576	52.48.62	Ben Begley	Senior Men	Kilmallock A.C.
103	1578	53.13.60	Ray Hayes	Masters Men O40	
104	1436	53.13.98	Grainne Higgins	Masters Women O50	
105	1583	53.32.11	Joanne Dennehy	Senior Women	
106	1434	53.42.28	Monique Von Graffenried	Masters Women O40	
107	1556	54.38.69	Mags McInerney	Masters Women O50	Limerick Country Club A.C.
108	1236	54.39.06	RYAN, Jim	Masters Men O50	Limerick Country Club A.C.
109	1579	54.41.64	Robert Coll	Masters Men O50	
110	1461	54.42.62	Brendan Kennedy	Masters Men O50	Tullamore Harriers A.C.
111	1588	54.43.53	Darragh Kennedy	Senior Men	
112	1432	55.20.18	Des O'Riordan	Senior Men	
113	1558	55.26.10	Maria McCarter	Masters Women O50	Run 32 Counties Challenge
114	1243	56.56.02	LANGAN, Damien	Masters Men O40	
115	1555	57.14.75	Stephanie Quinn	Senior Women	
116	1401	57.27.27	DEADY, Aisling	Senior Women	Kilmallock A.C.
117	1421	58.12.05	Susane Moloney	Masters Women O40	
118	1557	58.12.58	Ann O'Mara	Masters Women O50	Emerald A.C.
119	1540	58.13.19	Conor O'Dea	Masters Men O50	Limerick Tri Club
120	1416	59.16.30	Kate O'Dwyer	Senior Women	
121	1417	59.05.55	Maeve O'Dwyer	Senior Women	
122	1407	62.09.09	POWER, Aidan	Masters Men O50	Individual
123	1453	62.34.50	Regina McNamara	Masters Women O40	
124	1240	62.54.96	MORTELL, Sinead	Senior Women	Ballincollig A.C.
125	1551	63.36.21	Julia Broderick	Senior Women	
126	1542	63.36.48	Mary Cavanagh	Masters Women O50	Limerick Country Club A.C.
127	1547	63.36.68	Brigid Murdoch	Masters Women O50	Limerick Country Club A.C.
128	1424	63.50.22	Deirdre Walsh	Masters Women O40	
129	1423	65.01.03	Ceara Walsh	Senior Women	
130	1404	66.38.25	O NEILL, Maeve	Masters Women O40	Individual
131	1572	67.23.24	Tommy Collins	Senior Men	
132	1449	67.39.13	Geraldine O'Shea	Masters Women O50	
133	1450	67.40.27	Billy O'Shea	Masters Men O50	
134	1549	67.56.54	Miriam Kearns	Masters Women O40	

## Women

Comp Id	Position	Name	Team Name
1563	1	Shona Keane	Sportsworld A.C.
1426	2	Shona O'Flynn	Dooneen A.C.
1427	3	Roisin Doran	Limerick Tri Club

## Men

Comp Id	Position	Name	Team Name
1438	1	Colm Turner	Limerick A.C.
1545	2	Keith Lynch	BMOH
1448	3	Thomas Grimes	East London Runners



# Athletics Limerick

## 2016 Caherdavin 10K

### County Championship Results

#### Women

Comp Id	Position	Name	Team Name
1426	1	Shona O'Flynn	Dooneen A.C.
1408	2	Yvonne Deegan	Limerick Country Club A.C.
1237	3	Dorothy Ryan	Limerick Country Club A.C.

Place	Club	Positions	Points
1	Limerick Country Club A.C.	4, 5, 14, 19	42

#### Men

Comp Id	Position	Name	Team Name
1438	1	Colm Turner	Limerick A.C.
1591	2	Tom Shanahan	Limerick A.C.
1420	3	Adrian Hennesy	Kilfinane A.C.

Place	Club	Positions	Points
1	Limerick A.C.	1, 5, 26, 41	73
2	Limerick Country Club A.C.	25, 31, 35, 38	129